

# Metacognition and Self-Regulated Learning



RESEARCH  
SCHOOL



**Learn-AT**  
Associate Research School

Based upon the EEF Guidance Report and cutting-edge evidence, this programme will enable you to make confident decisions what will help your pupils become aware of their strengths and limitations and to select appropriate strategies when undertaking a task.

## How effective is it?

Metacognition and self-regulation approaches have consistently high levels of impact, with pupils making an average of seven months' additional progress.

Suitable for Heads of department/key stage, Senior leaders from primary, secondary and specialist schools.

## Delegates will:

- Develop an understanding of metacognition and self-regulated learning
- Be provided with the tools and processes for self-review
- Be provided with guidance on effective implementation
- Be offered practical resources and tools to use in school
- Be given the skills and knowledge to be able to offer in-school training that is evidence-based

### Costs

£295 per person

### Dates

26/01/2022, 23/03/2022, 27/04/2022,  
15/06/2022

CLICK [HERE](#) TO BOOK YOUR PLACE



Follow us on Twitter

@KyraResearch  
@LearnATResearch